

Jak's

BREAKFAST

FLORENTINE *Two poached eggs on a toasted muffin with spinach & hollandaise sauce*

JAK'S ROYAL *Two poached eggs on a toasted muffin with smoked salmon & hollandaise sauce*

HIGHLAND SCRAMBLED *Scrambled eggs & smoked salmon on a toasted bagel*

ENGLISH OMELETTE *With bacon & sausage*

JAK'S BENEDICT *Two poached eggs on a toasted muffin with bacon & hollandaise sauce*

OMELETTE *With peas, mushrooms & spinach*

SCRAMBLED EGGS *With ham & cheese on toast*

JAK'S FULL ENGLISH BREAKFAST *Two fried eggs, bacon, Cumberland sausage, tomato, mushrooms baked beans & toast, hot drink of your choice*

PANCAKES *Honey & maple syrup.
Optional: Nutella/ banana/strawberry/mixed berries/pistachio sauce/cream cheese/eggs*

FRENCH TOAST *Honey, cinnamon garnished with fruits*

CROISSANT *With butter & jam*

PAIN AU CHOCOLAT

PORRIDGE *With walnuts, blueberries & honey*

GRANOLA *With fruits, yogurt & honey*

FRUIT SALAD *Kiwi, mixed berries, strawberries, grapes, apple, pineapple*

AVOCADO ON TOAST

TOAST *With butter & jam*



FRESH JUICES

MORNING MAGIC *Carrot, apple, ginger*

JAK'S JUICE *Carrot, apple, orange, ginger*

PICK ME UP *Carrot, apple, cucumber, ginger, lemon*

HAPPY CHAPPY *Carrot, beetroot, orange, pineapple, lemon*

COOL BREEZE *Pineapple, mint, apple*

APPLE REFRESH *Apple, lemon, ginger*

SOUL CLEANSE *Spinach, apple, parsley, cucumber, celery, lemon*

WINTER WARMER *Spinach, apple, pear (ginger optional)*

BEETLICIOUS *Beetroot, apple, carrot, ginger*

GREEN MACHINE *Kale, spinach, celery, cucumber, ginger*

SUNSHINE GLOWS *Spinach, apple, pineapple, cucumber*

FRESH POMEGRANATE JUICE

GINGER SHOT

SUPER SMOOTHIES

JAK'S SMOOTHIE *Mango & banana*

ENERGIZER *Spinach, pineapple, mango, banana, hemp seeds, dates*

TROPICAL BEAUTY *Mango, avocado, strawberries, carrot
chia seeds & coconut nectar*

BERRYLICIOUS *Seasonal mixed blueberries, banana, strawberries
hemp seeds & dates*

DRINK YOUR GREENS *Avocado, mint, spinach, pineapple, apple juice*

VITALITY *Banana, frozen blueberries, coconut nectar*

BANANA DATE *Banana, dates, flax seeds*

STRAWBERRY DREAM *Strawberry, banana, dates, vanilla, cashew butter*

CHOCO DELIGHT *Raw cacao, dates, banana, peanut butter, vanilla*

MENGO LASSI *Mango, coconut yogurt, coconut nectar, vanilla*

HOT DRINKS

SELECTION OF TEAS

HOT CHOCOLATE

CAFE MOCHA

ICED COFFEE

BAILEY'S COFFEE

IRISH COFFEE

ESPRESSO

MACCHIATO

AMERICANO

FLAT WHITE

CAPPUCINO

LATTE



*Please inform a member of staff of any dietary requirements or allergies.
A discretionary 12.5% service charge will be added to your final bill.*